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## Fort Hood Useful Phone Numbers

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Army Substance Abuse Program (ASAP)	254-287-2892
Ambulance	254-288-8112
Appointments (Darnall Army Hospital)	254-288-8888
Bell County Mental Health Mental Retardation	254-778-6785
Child Abuse Hotline	254-287-CARE
Community Counseling Center	254-288-6474
Community Mental Health	254-287-5131 or 254-287-7712
Domestic Violence Education Center	254-287-4824
Emergency Room	254-288-8113
Emergency Room: Information	254-288-8000
Family Advocacy Program	254-286-6774
Marriage Enrichment Program	254-288-2863
Military Police	254-287-2176 or 254-287-2177
Police: Copperas Cove	254-547-8222
Police: Harker Heights	254-699-6041
Police: Killeen	254-634-3111
Rape Crisis	254-634-1184
Families in Crisis Outreach Center	254-547-5911
Social Work Services: Information	254-288-6472 or 254-288-6474
Spouse Abuse Hotline	254-288-4474
Stress/Anger Management Classes	254-618-7584

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## Ft Hood Community Resources

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### Teen Substance Use/Abuse:

- Central Texas Council on Alcoholism and Drug Abuse

Outpatient program for teenagers age 13-17 who have a substance abuse problem. This is a state funded program that operates on a sliding scale fee. Please contact ValueOptions who will generate notification that individual counseling for substance abuse is not a TRICARE benefit which will allow participation in this program. You will first be linked to a therapist at the facility, who will refer you to groups.

- Harker Heights

Contact for appointment for screening: 254-690-4455 or 1-800-544-3254 (Toll Free)

Temple office: 254-773-3722 (M-F 10:30 am - 7:30 pm) Toll Free 800-554-3254

Hotline 24 hours 7 days: 254-718-4054

Killeen Office no longer open

- Narcotics Anonymous Groups:

<http://free.prohosting.com/~hotasc/meetime.htm>

- Al-Anon & Alateen

Greater Austin area including Belton, Killeen & Copperas Cove and Temple :888-287-2115

<http://austinalanon.org/NCTxlist.htm>

### Teenage Runaway:

- National Runaway Hotline      1-800-621-4000

Can help those thinking of running way to get help or assist those who have runaway with getting back home through the national Home Free program.

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## Ft Hood Community Resources

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- Central Texas Youth Services 1-800-421-TEEN (8336)/254-634-2085 Killeen  
Provides counseling, emergency shelter, transitional living, information and referral services at no cost to eligible youth and their family in the Central Texas area. Services include 1) counseling services through STAR Counseling (Services to At-Risk Youth) and 2) Option House a 15 bed emergency shelter for children and youth ages 3-17. The children and youth may be homeless, runaways, push-outs, or removed from their home due to abuse and/or neglect. They also offer a cooling off period up to three days for families who are in crisis or conflict.
- STARRY Program- Services To At Risk Runaway Youths (Austin area) 512-388-8290  
Answered 24 hours. Provides counseling services to kids age 10-17 (and their families) who are at risk to become runaways. A runaway shelter is also operated by this program, sponsored by the Texas Baptist Children's Home. Operated out of Round Rock.
- Teen Help Line (Austin area); 512-441-5423  
Staffed by area teenagers. Peer support counseling for teen caller 5:30-9:30 pm on school ights.

### Domestic Violence and Sexual Assault:

- Child & Spouse abuse 24/7 Hotline Ft. Hood: 254-287-CARE (2273)
  - Victim Advocate Crisis Line Ft. Hood: 254-702-4953
  - Families in Crisis, Inc.: 888-799-SAFE (7233) 24-hour toll free hotline  
Offers services to adult victims of domestic violence and sexual assault in several counties including Ft. Hood. Offer emergency safe shelter, crisis intervention counseling, legal advocacy, hospital accompaniment and support groups. Also provide educational presentations to anyone in the community.  
Appointments available in the following locations:  
Temple 254-634-1184  
Killeen 254-773-7765
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## Ft Hood Community Resources

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Gatesville 254-865-8553

Hamilton 254-386-8394

- Family Advocacy Program (FAP) #254-286-6774

Has representatives to assist with the prevention of child and spouse abuse. They provide education programs in awareness and teach parenting education, couple enrichment and train all child care providers.

- Teen Survivors of Sexual Abuse or Domestic Violence (Austin Area):

800-460-SAFE (7233) 24-hour hotline or 512-255-1212

Offers eight week, closed support groups for teens, ages 13-16 who have been sexually abused or molested and groups for those who have witnessed or experienced violence within their families.

### Teenage Parenting:

- Teenage Parent Counsel of Austin – Lifeworks: 512-324-6870 8:30am-5:00pm M-F

Provides information, referrals, advocacy, counseling and programs about teenage pregnancy and early parenthood.

### Parenting Skills Resources:

- Ft. Hood Heroes at Home, Parents as Teachers - [brenda.smith@killeenisd.org](mailto:brenda.smith@killeenisd.org)

Support Services/KSSC Center

902 N. 10<sup>th</sup> Street, Killeen, TX 76541

Contact: Brenda Smith

A parent education and family support program for young military families including: personal visits, group meetings, developmental and health screenings, resource and referral network.

- New Parent Support Program (NPSP) Ft. Hood: 254-287-2286
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## Ft Hood Community Resources

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- Parenting Classes Ft. Hood: 254-618-7443

- CHADD (Children with ADD & ADHD)

Austin CHADD: 512-292-1518

CHADD Volunteer run affiliates MAY offer one or more of the following services:

- Free monthly support group meetings
- Special events and conferences
- Local resource information (including a resource table in the back of the meeting room for local advertising of products/services)
- Public education and outreach
- Parent to Parent Training Classes

- Tough Love Inc. of Austin: 512-479-9334 Answered 24 hours

Offers a loving solution for parents whose children display unacceptable behavior.

Meetings are every Thursday at 7:00 pm at 2601 Exposition in Austin. One time \$30 fee and \$5 each meeting. No childcare.

### Problematic Teenage Behaviors:

- Job Corps- Texas Work Force Commission Special Services: 512-463-2339 Austin, Texas

Residential facilities, medical and dental care. Vocational training and basic education for ages 16-22 years, free of charge.

### Mental Illness:

- Central Counties MHMR Centers (Mental Health and Mental Retardation): 800-888-4036 Crisis Line

The goal of MHMR is to give individuals with mental illness, mental retardation, developmental delays, the opportunity to develop their abilities to the fullest extent.

- Killeen MHMR: 254-526-4146, fax 254-526-9351

100 East Ave A, Killeen, TX 76541

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## Ft Hood Community Resources

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- Killeen Children's MHMR: 254-628-7766, fax #254-554-9918  
420 S. Gray Street, Killeen, TX 76504
  - Temple MHMR: 254-298-7000, fax# 254-298-7155  
304 S. 22<sup>nd</sup> Street, Temple, TX 76501
  - Temple Children's MHMR: 254-778-7995, fax #254-778-2835  
2027 South 61<sup>st</sup> Street, Suite 112, Temple, TX 76504
  - Lampasas MHMR:512-556-6962, fax #512-556-4060  
1305 South Key Ave, Suite 203, Lampasas, TX 76500
  - Early Childhood Intervention: 254-699-2090, fax #254-699-2090  
1007 South Ann, Harker Heights, TX 76548
  - Stress/Anger/Conflict Ft. Hood: 254-618-7584
  - Killeen Support and Recovery Center: 254-298-7050 Contact Pat Joly  
Peer support group open to anyone receiving mental health services in the Killeen, Harker Heights and Copperas Cove area to help support each other in recovery and fight stigma of mental illness. Meeting at Community Center in Killeen at 11:00 am, Monday/Wednesday/Friday
  - Depression and Bipolar Support Alliance  
Mission is "To improve the lives of people living with mood disorders". Offer support groups that are open, free and voluntary.
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# Ft Hood Community Resources

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- **Killeen**

DBSA Central Texas  
Contact 1: Larry Egly  
Phone: (254) 630-9141  
Contact 2: Wendy Tuck  
Additional Phone: (254) 718-3290  
Email: [larryegly@clearwire.net](mailto:larryegly@clearwire.net)

- **Fort Hood**

DBSA Fort Hood - Killeen (military and children's group)  
Contact 1: Shelley Bertzyk  
Phone: (414) 975-6339  
Email: [rad866@yahoo.com](mailto:rad866@yahoo.com)

- **Temple**

DBSA Central Texas  
Contact 1: Wendy Tuck  
Phone: (254) 718-3290  
Contact 2: Nina Bermea  
Additional Phone: (254) 449-7483  
Email: [larryegly@clearwire.net](mailto:larryegly@clearwire.net)

- **Austin**

DBSA Austin  
Contact 1: Lori Kadosh  
Phone: (512) 785-8567  
Contact 2: Info Line  
Additional Phone: (512) 804-3424  
Fax: (512) 231-0966  
Email: [lorikadosh4444@hotmail.com](mailto:lorikadosh4444@hotmail.com)

- Homeless Shelter: Cove House (Copperas Cove) 254-547-4673
  - Homeless Shelter: Home and Hope (Killeen) 254-634-0110
  - Homeless Shelter: Martha's Kitchen (Temple) 1-254-770-0515
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## Ft Hood Community Resources

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- Vocational Rehabilitation for Persons with Physical and Mental Disabilities:

1-800-628-5115 to find an office in your area and request a Guide for Applicants

Vocational Rehabilitation (VR) Program helps people who have physical or mental disabilities prepare for, find or keep employment.

- Waco Center for Youth (WCY) 254-745-5175 Marilyn Moon, Admissions Coordinator

**NOT A TRICARE CERTIFIED FACILITY, REFERRALS MUST COME FROM DESIGNATED STATE SOURCES**

Waco Center for Youth is a psychiatric residential treatment center that serves teenagers, ages 13-17, with emotional difficulties and/or behavior problems. The Mission of WCY is "to give each youth a chance for change". It is operated by the Texas Department of State Health Services.

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